### **OPEN**

## **Notes**

### Introduction

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# 1 Early Twentieth-Century Self-Harm: Cut Throats, General and Mental Medicine

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- Letter from Inspector Fredk. Peck, to Supt. Page, Deputy Chief Constable of East Suffolk dated 17 July 1914 TNA: HO 45/24439
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- 4. 'East Suffolk Constabulary General Orders' dated 05 March 1902 TNA: PRO: HO 45/24439
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### 2 Communicative Self-Harm: War, NHS and Social Work

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- Letter from A.B. Hume to F.L.T. Graham-Harrison dated 16 June 1958 Law in relation to attempted suicide: general correspondence, 1958–1961 TNA: MH 137/383
- 29. Letter from P.A. Cox to J.D.J. Havard dated 16 January 1962 Law in relation to attempted suicide: proposed amendments, 1961–1962 TNA: MH 137/384. There is at least one similar arrangement in England, in Sheffield from 1951 (see Chapter 3).
- 30. N. Kessel, 'Self-Poisoning Part I' British Medical Journal 2, 5473 (1965): 1265
- 31. D. Tait, 'Norman Kreitman in Conversation with David Tait' *Psychiatric Bulletin* 19 (1995): 298
- 32. The memo is unattributed, but almost certainly written by J.K. Slater: 'Ward 3: A Revaluation for the Ward for Incidental Delirium' (October 1962) Proposed Regional Poisoning Treatment Centre; revaluation of functions of Ward 3; poisoning among children, 1962 at Lothian Health Services Archive (LHSA), University of Edinburgh: LHB 1/59/7: 4. Graduates include G.M. Carstairs, head of Kessel's and Kreitman's research unit.
- 33. [Slater], 'Ward 3: A Revaluation' LHSA: LHB 1/59/7 1
- 34. Ibid. 3
- 35. Ibid. 3
- 36. Ibid. 3-4.
- 37. Ibid. 4
- 38. I. Hacking, *The Taming of Chance* Cambridge, Cambridge University Press (1990); 65. Hacking is talking about the claims by French alienist J.E. Esquirol to cast 'suicide as a kind of madness'.
- 39. N. Kessel, 'Attempted Suicide' Medical World 97 (1962): 314
- 40. E. Stengel, 'Attempted Suicide: Its Management in the General Hospital' *Lancet* 1, 7275 (1963): 234
- 41. E.F. Catford, *The Royal Infirmary of Edinburgh 1929–1979* Edinburgh, Scottish Academic Press (1984): 159
- 42. V. Long, "Often There Is a Good Deal to Be Done, but Socially Rather Than Medically": The Psychiatric Social Worker as Social Therapist, 1945–70' Medical History 55(2) (2011): 225
- 43. N.K. Hunnybun, 'Psychiatric Social Work' in *Social Case-Work in Great Britain* C. Morris (ed.) London: Faber and Faber (1950): 102
- 44. Toms, Mental Hygiene and Psychiatry in Modern Britain: 30
- 45. J. Stewart, "I Thought You Would Want to Come and See His Home": Child Guidance and Psychiatric Social Work in Inter-War Britain' in *Health and the Modern Home* M. Jackson (ed.) London, Routledge (2007): 111–12; Hunnybun, 'Psychiatric Social Work' 105; E. Heimler, *Mental Illness and Social Work* Harmondsworth, Penguin (1967): 44–5
- 46. Hunnybun, 'Psychiatric Social Work': 103–4
- 47. Rees, Shaping of Psychiatry: 32
- 48. Toms, Mental Hygiene: 86

- 49. J. Bowlby, *Maternal Care and Mental Health* Geneva, World Health Organization (1951)
- 50. A. Storr, 'Bowlby, (Edward) John Mostyn (1907–1990)' in Oxford Dictionary of National Biography Oxford, Oxford University Press (2004)
- 51. Long, 'Good Deal to Be Done': 226
- 52. E. Irvine, 'Psychiatric Social Work' in E. Younghusband, *Social Work in Britain,* 1950–1975: A Follow-Up Study London, Allen & Unwin (1978): 179.
- 53. F. Post, 'Mental Breakdown in Old Age' *British Medical Journal* 1, 4704 (1951): 436–40; F. Post and J. Wardle, 'Family Neurosis and Family Psychosis' *British Journal of Psychiatry* 108(1962): 147
- 54. Irvine, 'Psychiatric Social Work': 178, 192. Irvine is talking specifically about 1950s mental hospitals.
- 55. E. Younghusband, Social Work in Britain, 1950–1975: A Follow-up Study London, Allen and Unwin (1978): 165
- 56. Toms, Mental Hygiene: 90
- 57. M. Jones, Social Psychiatry in Practice: The Idea of the Therapeutic Community Harmondsworth, Penguin (1968): 16–17
- 58. Rees, Shaping of Psychiatry: 32
- 59. Bion, Experiences in Groups: 13
- 60. T. Main, quoted in Toms, Mental Hygiene: 101
- 61. Toms, Mental Hygiene: 115
- 62. Mackintosh, War and Mental Health: 59
- 63. For an interesting account of the turn to the 'social' in the United States, see M.E. Staub, *Madness Is Civilization: When the Diagnosis Was Social, 1948–1980* London, University of Chicago Press (2011)
- 64. G.W. Brown, E.M. Monck, G.M. Carstairs and J.K. Wing, 'Influence of Family Life on the Course of Schizophrenic Illness' *British Journal of Preventive and Social Medicine* 16(2) (1962): 55–68
- 65. N. Rose, Governing the Soul: The Shaping of the Private Self London, Free Association Press (1999): 171, 175
- 66. M. Thomson, *Psychological Subjects: Identity, Culture, and Health in Twentieth-Century Britain* Oxford, Oxford University Press (2006): 269. Thomson is describing the *aspirations* for a new, enlightened, psychologised sense of selfhood.
- 67. G. Eghigian, A. Killen, and C. Leuenberger, 'The Self as Project: Politics and the Human Sciences in the Twentieth Century' *Osiris* 22(1) (2007): 22
- 68. Rose, Governing the Soul: 155-81, 205-13
- 69. Toms, Mental Hygiene
- 70. E.L. Younghusband, Social Work in Britain: A Supplementary Report on the Employment and Training of Social Workers Dunfermline, Carnegie United Kingdom Trust (1951): 81
- 71. Ministry of Health, 'Report of the Working Party on Social Workers in the Local Authority Health and Welfare Services (Younghusband Report)' London, HMSO (1959)
- 72. L. Faithfull, 'Younghusband, Dame Eileen Louise (1902–1981)' in *Oxford Dictionary of National Biography* Oxford, Oxford University Press (2004)
- 73. R.M. Titmuss, 'Community Care: Fact or Fiction?,' in *Commitment to Welfare*, R.M. Titmuss (ed.) London, George Allen and Unwin ([1961] 1968): 105
- 74. Rose, Governing the Soul: 208

- 75. A. Lewis, 'Social Aspects of Psychiatry: Part I' Edinburgh Medical Journal 58(5) (1951): 215
- 76. Younghusband, Social Work in Britain: 165
- 77. E.U.H. Pentreath and E.C. Dax, 'Mental Observation Wards: A Discussion of Their Work and Its Objects' *Journal of Mental Science* 83 (1937): 354, 364
- 78. Despite Hopkins positing domestic stress as a precipitating factor for attempted suicide and publishing his observation ward study in the same year, he does not mention a social worker (psychiatric or otherwise). He does, however, have an interest in child guidance.
- 79. E.N. Butler, 'Observation Units' *Proceedings of the Royal Society of Medicine* 33 (1940): 726.
- 80. Hunnybun, 'Psychiatric Social Work': 117.
- 81. I.R.C. Batchelor and M.B. Napier, 'The Sequelae and Short-Term Prognosis of Attempted Suicide; the Results of a One-Year Follow-up of 200 Cases' *Journal of Neurology, Neurosurgery & Psychiatry* 17(4) (1954): 261; I.R.C. Batchelor and M.B. Napier, 'Attempted Suicide in Old Age' *British Medical Journal* 2, 4847 (1953): 1187; I.R.C. Batchelor, 'Alcoholism and Attempted Suicide' *Journal of Mental Science* 100, 419 (1954): 461
- 82. Batchelor and Napier, 'Sequelae': 261
- 83. Stewart, 'See His Home': 115-17
- 84. Ibid. 118
- 85. Bridget Yapp, quoted in Stewart, 'See His Home': 118. In 1978, Irvine claims that this text is 'the only British book on the subject' and that it is 'unfortunate that no other books had appeared.' Irvine 'Psychiatric Social Work': 183
- 86. E.T.O. Slater and M. Woodside, *Patterns of Marriage: A Study of Marriage Relationships in the Urban Working Classes* London, Cassell (1951) 14. See Chapter 4 for more on the influence of marriage guidance and PSWs in attempted-suicide studies.
- 87. Stewart, 'See His Home': 118
- 88. Hunnybun, 'Psychiatric Social Work': 101
- 89. Irvine, 'Psychiatric Social Work': 178
- 90. Bowlby quoted in Toms, Mental Hygiene 114
- 91. Toms, Mental Hygiene 114
- 92. Batchelor and Napier, 'Sequelae': 265
- 93. I.R.C. Batchelor, 'Management and Prognosis of Suicidal Attempts in Old Age' *Geriatrics* 10(6) (1955): 292
- 94. Batchelor and Napier, 'Sequelae': 266
- 95. Ibid. 264
- 96. Ibid. 264
- 97. Ibid. 264, 266
- 98. I.R.C. Batchelor and M.B. Napier, 'Broken Homes and Attempted Suicide' British Journal of Delinquency 4 (1953): 99
- 99. Batchelor and Napier, 'Broken Homes': 99–100
- 100. Bowlby, 'Maternal Care and Mental Health': 12
- 101. Ibid. 105-6
- 102. Ibid. 101
- 103. Ibid. 104
- 104. Ibid. 103-4

- 105. I.R.C. Batchelor, 'Psychopathic States and Attempted Suicide' *British Medical Journal* 1, 4875 (1954): 1343
- 106. Batchelor and Napier, 'Broken Homes': 103-4
- 107. Batchelor, 'Alcoholism': 453
- 108. Batchelor, 'Psychopathic States': 1343
- 109. Batchelor and Napier, 'Broken Homes': 104
- 110. Ibid. 105
- 111. J.W. Scott, *Gender and the Politics of History* rev. ed. New York, Columbia University Press (1999) 115
- 112. Batchelor and Napier, 'Broken Homes': 107-8
- 113. I.R.C. Batchelor, 'Repeated Suicidal Attempts' *British Journal of Medical Psychology* 27(3) (1954): 161
- 114. They also argue that 'those rendered most vulnerable by their early experiences may tend to break down quickly' Batchelor and Napier, 'Broken Homes': 102, 106
- 115. Bowlby, 'Maternal Care and Mental Health': 13-14
- 116. Rose, Governing the Soul 170
- 117. See M. Vicedo, 'The Social Nature of the Mother's Tie to Her Child: John Bowlby's Theory of Attachment in Post-War America' *British Journal for the History of Science* 44(3) (2011): 420
- 118. Bowlby, 'Maternal Care and Mental Health': 26
- 119. Mayou, 'General Hospital Psychiatry': 774
- 120. Wilkinson, Talking about Psychiatry: 28
- 121. W.H. Trethowan, 'Suicide and Attempted Suicide' *British Medical Journal 2*, 6185 (1979): 320
- 122. Trethowan, 'Suicide and Attempted Suicide': 320
- 123. Stengel's biographical details are taken from four sources: P. Weindling, 'Alien Psychiatrists: The British Assimilation of Psychiatric Refugees' in *International Relations in Psychiatry: Britain, Germany, and the United States to World War II* V. Roelcke, P. Weindling and L. Westwood (eds) Rochester, University of Rochester Press (2010): 218–36; U.H. Peters, 'The Emigration of German Psychiatrists to Britain' in *150 Years of Psychiatry: The Aftermath* H.L. Freeman and G.E. Berrios (eds) London, Athlone (1996): 565–80; F.A. Jenner, 'Stengel, Erwin (1902–1973)' in *Oxford Dictionary of National Biography* Oxford, Oxford University Press (2004); M. Shepherd, 'The Impact of Germanic Refugees on Twentieth-Century British Psychiatry' *Social History of Medicine* 22(3) (2009): 461–9
- 124. E. Stengel, 'On the Aetiology of the Fugue States' *Journal of Mental Science* 87 (1941): 572–99; E. Stengel, 'Further Studies on Pathological Wandering (Fugues with the Impulse to Wander)' *Journal of Mental Science* 89 (1943): 224–41
- 125. E. Stengel, 'Suicide' in *Recent Progress in Psychiatry G.W.T.H.* Fleming, A. Walk and P.K. McCowan (eds) London, J. & A. Churchill Ltd (1950): 691–703
- 126. Anonymous, 'Lost Hospitals of London' online at: http://ezitis.myzen. co.uk/stfrancis.html accessed 21 August 2012
- 127. Wilkinson, Talking, 30, 231; Post, 'Mental Breakdown in Old Age'
- 128. E. Stengel, N.G. Cook and I.S. Kreeger, *Attempted Suicide: Its Social Significance and Effects* London, Chapman and Hall (1958): 22, emphasis in original.
- 129. Stengel, Cook and Kreeger, Attempted Suicide: 43, 84, 105

- 130. V. Norris, Mental Illness in London London, Chapman & Hall (1959): 91
- 131. D.F. Early, 'The Changing Use of the Observation Ward' *Public Health* 76(5) (1962): 262
- 132. J. Marshall, 'Mental Health Services' *British Medical Journal* 2, 4902 (1954): 1484; J.B.S. Lewis, 'Mental Health Services' *British Medical Journal* 2, 4900 (1954): 1354–5
- 133. Norris, *Mental Illness* 234; see also, M.D. Eilenberg and P.B. Whatmore, 'Police Admissions to a Mental Observation Ward' *Medicine, Science, and the Law* 2 (1961): 96–100
- 134. Wilkinson, *Talking about Psychiatry* 15; this story also appears in Mayou, 'General Hospital Psychiatry': 774
- 135. Stengel, Cook and Kreeger, Attempted Suicide: 96
- 136. J.J. Fleminger and B.L. Mallett, 'Psychiatric Referrals from Medical and Surgical Wards' *British Journal of Psychiatry* 108 (1962): 189
- 137. Stengel, Cook and Kreeger, Attempted Suicide: 47, 93-4
- 138. Ibid. 40
- 139. Ibid. 41
- 140. Ibid. 39
- 141. Stengel, 'Enquiries into Attempted Suicide (Abridged)': 616
- 142. There are also categories less relevant for the new 'cry for help object' such as 'Suicidal attempt followed by permanent institutionalisation' and 'suicidal attempt followed by death soon' Stengel, Cook and Kreeger, *Attempted Suicide:* 52, 55–7
- 143. Of the nine cases under the heading, two attempts are by women, seven by men; the gendered nature of the 'cry for help' is still inconsistent. Stengel, Cook and Kreeger, *Attempted Suicide*: 58
- 144. Stengel, Cook and Kreeger, Attempted Suicide: 82.
- 145. Ibid. 86, emphasis in original.
- 146. Ibid. 22, emphasis in original.

# 3 Self-Harm Becomes Epidemic: Mental Health (1959) and Suicide (1961) Acts

- 1. E. Stengel, 'Enquiries into Attempted Suicide (Abridged)' Proceedings of the Royal Society of Medicine 45 (1952): 620
- 2. R. Jack, Women and Attempted Suicide London, Lawrence Erlbaum (1992): xii
- 3. Hansard HC Deb 31 October 1958, Vol 594, col 521
- 4. H. Matthew, 'Poisoning in the Home by Medicaments' *British Medical Journal* 2, 5517 (1966): 788
- C. Millard and S. Wessely, 'Parity of Esteem Between Physical and Mental Health' *British Medical Journal* 349, 7894 (2014): 6821; P. Border and Chris Millard, Parliamentary Office of Science and Technology 'Parity of Esteem in Mental Health' (2015) online at: http://www.parliament.uk/business/ publications/research/briefing-papers/POST-PN-485/parity-of-esteem-formental-health accessed 30 January 2015
- K. Robinson, 'The Public and Mental Health' in Trends in the Mental Health Services H.L. Freeman and W.A.J. Farndale (eds) Oxford, Pergamon (1963): 16

- 7. A.T. Scull, Decarceration: Community Treatment and the Deviant: A Radical View London, Prentice-Hall (1977)
- 8. H. Lester and J. Glasby, *Mental Health Policy and Practice* Basingstoke, Palgrave Macmillan (2006): 27
- 9. This starts early: R.M. Titmuss, 'Community Care: Fact or Fiction?' in *Commitment to Welfare* R.M. Titmuss (ed.) London: George Allen & Unwin, ([1961] 1968): 221–5; see also H.R. Rollin, 'Social and Legal Repercussions of the Mental Health Act, 1959' *British Medical Journal* 1, 5333 (1963): 788.
- A. Rogers and D. Pilgrim, Mental Health Policy in Britain 2nd ed. London, Macmillan (2001): 55, 65. Recent examples of 'institution-community' binaries include M. Gorsky, 'The British National Health Service 1948–2008: A Review of the Historiography' Social History of Medicine 21(3) (2008): 449; Lester and Glasby, Mental Health Policy and Practice: 27
- 11. N. Rose, quoted in Rogers and Pilgrim, Mental Health Policy in Britain: 73
- 12. G. Eghigian, 'Deinstitutionalizing the History of Contemporary Psychiatry' *History of Psychiatry* 22(2) (2011): 203, emphasis in the original.
- 13. For an apt historiographical summary, see J. Welshman, 'Rhetoric and Reality: Community Care in England and Wales, 1948–74' in *Outside the Walls of the Asylum: The History of Care in the Community 1750–2000* P. Bartlett and D. Wright (eds) London: Athlone Press (1999): 205. This covers the contributions of Kathleen Jones, Andrew Scull, Peter Sedgwick and Joan Busfield.
- 14. C. Webster, 'Psychiatry and the Early National Health Service: The Role of the Mental Health Standing Advisory Committee' in *150 Years of British Psychiatry*, *1841–1991* H. Freeman and G. E. Berrios (eds) London, Gaskell (1991): 104
- 15. Baron Percy of Newcastle, 'The Report of the Royal Commission of the Law Relating to Mental Illness and Mental Deficiency' London, HMSO (1957)
- 16. 'Mental Health Act, 1959' London: HMSO (1959): 3
- 17. B. Wootton, *Social Science and Social Pathology* London, George Allen & Unwin (1959): 208–9
- 18. D. Stafford-Clark, 'Attempted Suicide' *Lancet* 281, 7278 (1963): 448–9. Two of the other participants in this correspondence argument are Neil Kessel and Richard Asher, and the correspondence was initially sparked by an Erwin Stengel article.
- 19. N. Kessel, 'Self-Poisoning Part II'British Medical Journal 2, 5474 (1965): 1340
- G.D. Middleton, D.W. Ashby and F. Clark, 'An Analysis of Attempted Suicide in an Urban Industrial District' Practitioner 187 (1961): 776–82; M. Woodside, 'Attempted Suicides Arriving at a General Hospital' British Medical Journal 2, 5093 (1958): 411–4; J.J. Fleminger and B.L. Mallett, 'Psychiatric Referrals from Medical and Surgical Wards' British Journal of Psychiatry 108 (1962): 183–90
- 21. J.E. Lennard-Jones and R.A.J. Asher, 'Why Do They Do It? A Study of Pseudocide' *Lancet* 1, 7083 (1959): 1138
- 22. Lennard-Jones and Asher, 'Study of Pseudocide': 1138-9
- 23. Ibid. 1138
- 24. M. Jarvis, Conservative Governments, Morality and Social Change in Affluent Britain, 1957–64 Manchester, Manchester University Press (2005): 6

- 25. Baron Wolfenden of Westcott, Report of the Committee on Homosexual Offences and Prostitution London, HMSO (1957)
- 26. P. Hennessy, *Having It So Good*: *Britain in the Fifties* London, Allen Lane (2006): 505–6
- 27. Jarvis, Conservative Governments: 11
- 28. H.L.A. Hart, quoted in Hennessy, Having It So Good: 510
- 29. Macmillan to Butler, 24 June 1961 Discussions on Act to amend law relating to suicide TNA: PREM 11/3241; Jarvis, *Conservative Governments:* 95; Hennessy, *Having It So Good:* 510.
- 30. Draft Reply Macmillan to Butler, 'Suicide and Attempted Suicide: Proposals to Amend Law' Suicide and attempted suicide: proposals to amend law, 1958–1961 TNA: HO 291/141; Jarvis, Conservative Governments: 95; Hennessy, Having It So Good: 510. However facetious Macmillan might appear to Butler, he is not alone in failing to appreciate the link between the law on suicide and the treatment of attempted suicide. (Lord) Lewis Silkin admits that he is unaware 'from the Bill itself that it is intended to cover also attempted suicide.' HL Deb 02 March 1961 Vol 229 cols 253–4
- 31. Jarvis, Conservative Governments: 95-6
- 32. Hennessy, Having It So Good: 510
- 33. Jarvis, Conservative Governments: 98
- 34. Hennessy, Having It So Good: 510
- 35. HC Deb 06 February 1958 Vol 581 col 1327
- 36. British Medical Association Committee on Psychiatry and the Law, 'The Law Relating to Attempted Suicide' *British Medical Journal Supplement* 2210, 5406 (1947): S.103. One of the arguments advanced by a Church of England booklet (see below) is similar: 'The punishment of the offender is not likely to deter others from attempting to commit suicide, if only because they will be confident of success.' Church Information Office, *Ought Suicide to Be a Crime? A Discussion on Suicide, Attempted Suicide and the Law* Westminster, Church Information Office (1959): 10. Note the use of 'would-be suicide' in a context that implies earnest, uncomplicated intent.
- G.L. Williams, The Sanctity of Life and the Criminal Law: On Contraception, Sterilization, Artificial Insemination, Abortion, Suicide and Euthanasia London, Faber & Faber (1958): 250, 253; quoting W.L. Neustatter, Psychological Disorder and Crime London, Christopher Johnson (1953): 68
- 38. Williams, Sanctity of Life: 255
- 39. Ought Suicide?: 12, 21-2
- 40. HL Deb 01 July 1959 Vol 217 col 599
- 41. HC Deb 06 March 1958 Vol 583 col 1342; HC Deb 13 March 1958 Vol 584 col 74W
- 42. HC Deb 22 May 1958 Vol 588 col 1471; HC Deb 31 October 1958 Vol 594 col 523. Again, note the association of 'would-be suicide' with genuine intent.
- 43. HM(61)94 'Attempted Suicide' (18 September 1961) in Circulars letters notes and memoranda (1961) TNA: MH 119/15
- 44. Notes of Meeting at Home Office with H.O., Ministry of Health, Magistrates' Association and BMA, dated 13 March 1959 TNA: MH 137/383
- 45. Anon., 'Obituary: Professor Linford Rees' Daily Telegraph (11 September 2004)
- 46. J. Fry, Casualty Services and Their Setting: A Study in Medical Care Nuffield Provincial Hospitals Trust (1960); Ministry of Health, 'Accident and

- Emergency Services: Report of a Sub-Committee (Platt Report)' London, HMSO (1962)
- 47. Although patients were 'in many instances, referred to a psychiatrist later', 'the availability of psychiatric help in assessing the case is relatively infrequent.' W.L. Rees and J.S. Stead 'Report to Council' Law in relation to attempted suicide: general correspondence, 1958–61 TNA: MH 137/383
- 48. Joint Committee of the British Medical Association and the Magistrates' Association, 'The Law and Practice in Relation to Attempted Suicide in England and Wales' London, British Medical Association and Magistrates' Association (1958) 9 in Suicide and attempted suicide: proposals to amend law, 1958–1961 TNA: HO 291/141
- 49. Note for File for Maclay by Benner dated 28 November 1960 TNA: MH137/383
- 50. Ibid. It is invoked again, two months later: Note for Emery by Benner dated 13 February 1961 TNA: MH 137/383
- 51. Note for Dr. Macdonald from T.E. Nodder dated 3 January 1961, TNA: PRO: MH137/383
- 52. Note from Emery to 'Deputy Secretary [of State for Health]' dated 15 February 1961 TNA: MH 137/383
- 53. E. Stengel, 'Attempted Suicide: Its Management in the General Hospital' *Lancet* 1, 7275 (1963): 233
- 54. HM(61)94 'Attempted Suicide' TNA: MH 119/15
- 55. Stengel, 'Attempted Suicide: Management': 233
- 56. Note to Mr. Dodds, Dr. Goodman and Deputy Secretary. From Benner[?] dated 3 August 1961 TNA: MH 137/383
- 57. E. Stengel 'The National Health Service and the Suicide Problem' in *Sociological Review Monograph No. 5: Sociology and Medicine: Studies within the Framework of the British National Health Service* P. Halmos (ed.) Keele: University of Keele (1962): 205
- 58. Letter to 'Secretary' from Hardwick, dated 28 December 1961 TNA: MH137/384
- 59. Stengel, 'Attempted Suicide: Management': 235
- 60. Note from P. Benner to G.C. Tooth dated 14 August 1962 TNA: MH 137/384. Tooth is most famous for the 1961 *Lancet* paper co-authored with Eileen Brooke which claimed that the demand for inpatient beds in British mental hospitals would halve acting as a springboard for Enoch Powell's *Hospital Plan* (1962) (see Chapter 5); G.C. Tooth and E.M. Brooke, "Trends in the Mental Hospital Population and Their Effect on Future Planning'*Lancet* 1, 7179 (1961)
- 61. Note by Benner for Mr. Emery dated 7 September 1962; Note from G.C. Tooth to P. Benner noted 15 August 1962 TNA: PRO: MH 137/384
- 62. Circular letter 'Attempted Suicide' (Ref 94600/1/49b) dated 28 September 1962 TNA: MH 137/384
- 63. 'Attempted Suicide' in 'Attempted Suicide Hospital Treatment and Replies to Questionnaire' TNA: MH 150/220
- 64. 'Attempted Suicide' TNA: MH 150/220
- 65. 'Summary of Replies to questionnaire [Sheffield RHB] as the result of Ministry of Health letter 94600/1/49B dated 28th September 1962' enclosed with letter from Sheffield RHB to Ministry of Health dated 19 December 1962 TNA: MH

- 150/220. This form is possibly the one mentioned by Parkin and Stengel in 1965 (see Chapter 5).
- 66. 'Summary of Replies to Questionnaire [Sheffield RHB]' TNA: MH 150/220
- 'North West Metropolitan Hospital Board Treatment of Attempted Suicide' TNA: MH 150/220
- 68. Letter from North West Metropolitan Hospital Board to Ministry of Health dated 31 December 1962 TNA: MH 150/220
- 69. Letter from Wessex RHB to Ministry of Health dated 2 January 1963 TNA: MH 150/220
- 'Attempted Suicide [Welsh Hospital Board]' enclosed with letter from Welsh Hospital Board to Ministry of Health dated 21 January 1963 TNA: MH 220/150
- 71. Letter from Stengel to Dunbar dated 14 September 1962 TNA: MH 150/220. 'Diagnostic index' presumably refers to the one used for the Hospital In-Patient Enquiry (HIPE).
- 72. Letter from Stengel to Dunbar dated 14 September 1962 TNA: MH 150/220
- 73. W.M. Millar, G. Innes and G.A. Sharp, Hospital and Outpatient Clinics: The Design of a Reporting System and the Difficulties to Be Expected in the Execution' in The Burden on the Community: The Epidemiology of Mental Illness A Symposium (1962): 2
- 74. P. Sainsbury and J. Grad, 'Evaluation of Treatment and Services' in The Burden on the Community: The Epidemiology of Mental Illness: A Symposium (1962) appendix I, unnumbered page
- 75. Note for Tooth from Otley dated 18 December 1964 in 'Attempted Suicide Research Proposed by Department' and Note from Brothwood to Perry dated 17 May 1965 TNA: MH 150/221
- 76. I. Hacking, *Rewriting the Soul Princeton*, Princeton University Press (1995): 236

### 4 Self-Harm as a Result of Domestic Distress

- For example P. Sedgwick, *Psychopolitics* London, Pluto Press (1982): 104;
  A. Rogers and D. Pilgrim, *Mental Health Policy in Britain* 2nd ed. London, Macmillan (2001): 64–5
- 2. E. Powell, Emerging Patterns for the Mental Health Services and the Public London, National Association for Mental Health (1961)
- 3. J.D.N. Hill, 'Review of Policy on Psychiatric Research Summary prepared by Dr. Denis Hill of the proposals made in his talk to Council on the 16 January 1959'; 16 January 1959: review of psychiatric research by Dr J D N Hull [sic], 1959 TNA: FD 9/91; see also G.M. Carstairs, This Island Now Harmondsworth, Penguin (1963) and H.R. Rollin, 'Carstairs, George Morrisson (1916–1991)' in Oxford Dictionary of National Biography London, Oxford University Press (2004)
- 4. N. Kessel, 'Psychiatric Morbidity in a London General Practice' *British Journal of Preventive & Social Medicine* 14 (1960): 16–22
- 5. N. Kessel and M. Shepherd, 'Neurosis in Hospital and General Practice' *Journal of Mental Science* 108 (1962): 159–66; N. Kessel and H.J. Walton, *Alcoholism* Harmondsworth, Penguin (1965); N. Kessel and G. Grossman, 'Suicide in Alcoholics' *British Medical Journal* 2, 5268 (1961): 1671–2

- B. Deakin, G. Hay, D. Goldberg and B. Hore, 'William Ivor Neil Kessel' Psychiatric Bulletin 28 (2004): 309
- 7. N. Kessel, 'Self-Poisoning Part I' British Medical Journal 2, 5473 (1965): 1265
- 8. For example, I.R.C. Batchelor and M.B. Napier, 'Broken Homes and Attempted Suicide' *British Journal of Delinquency* 4 (1953): 101
- N. Kessel and W. McCulloch, 'Repeated Acts of Self-Poisoning and Self-Injury' Proceedings of the Royal Society of Medicine 59(2) (1966): 89 referring to N. Kessel, W. McCulloch, J. Hendry, D. Leslie, I. Wallace and R. Webster, 'Hospital Management of Attempted Suicide in Edinburgh' Scottish Medical Journal 9 (1964)
- 10. Kessel, 'Self-Poisoning Part I': 1265
- 11. N. Kessel and E.M. Lee, 'Attempted Suicide in Edinburgh' Scottish Medical Journal 7 (1962): 130
- 12. H.J.S. Matthew and A.A.H. Lawson, *Treatment of Common Acute Poisonings* Edinburgh, E. & S. Livingstone (1967): 2
- 13. For example, Anon., 'Attempted Suicide: Changes in English Law Wanted' *British Medical Journal* 1, 5081 (1958)
- 14. In fact, Scotland has its own Mental Health (Scotland) Act (1960), but these are treated as almost identical by some researchers. See for example M. Woodside, 'Are Observation Wards Obsolete? A Review of One Year's Experience in an Acute Male Psychiatric Admission Unit' *British Journal of Psychiatry* 114 (1968): 1013. In any case, the point here is about *publicity* and *visibility*, something much more relevant to the 1959 Act.
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- The Sheffield study is different; practitioners are being utilised to provide the object without the necessity for a general hospital. Stengel, Cook and Kreeger, *Attempted Suicide*: 96
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# 5 Self-Harm as Self-Cutting: Inpatients and Internal Tension

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- 30. M.E. Staub, *Madness Is Civilization: When the Diagnosis Was Social, 1948–1980* London, University of Chicago Press (2011)
- 31. T.F. Main, 'The Ailment' Medical Psychology 30(3) (1957): 129-45
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- 34. C.P. McEvedy, 'Self-Inflicted Injuries' Diploma of Psychological Medicine Dissertation, University of London (1963): 25
- 35. McEvedy, 'Self-inflicted Injuries': 7
- 36. Ibid. 28

- 37. McEvedy, 'Self-inflicted Injuries' p. 8. There is much historical work to be done on how slashed wrists become associated with suicide. Sarah Chaney informs me from her studies of self-mutilation in Victorian asylums that cut throats are judged as suicidal, but not cuts anywhere else (with the extremely occasional exception concerning veins on the inside of the elbow). McEvedy himself refers to 'popular opinion, perhaps fed by vague memories of the suicidal techniques of the ancient roman aristocracy, continues to hold the belief that an injury [to the wrists] will prove rapidly fatal'. It would be very interesting to chart when the idea of wrist-cutting became suggestive of suicide gestural or otherwise. Unfortunately, the scope of the present chapter precludes such a study.
- 38. McEvedy, 'Self-inflicted Injuries': 21
- 39. Ibid. 12
- 40. Ibid. 9, 14, 23
- 41. Ibid. 28-9
- 42. Ibid. 13, 28, 8
- 43. Ibid. 29
- 44. For example, Royal College of Psychiatrists 'Helping People Who Self-Harm': 6. 21
- 45. C.P. McEvedy and A.W. Beard, 'Royal Free Epidemic of 1955: A Reconsideration' *British Medical Journal* 1, 5687 (1970): 7–11
- 46. For example, K. Skegg, 'Self-harm' Lancet 366, 9495 (2005): 1471-83
- 47. An article on this subject from the late 1960s argues that 'we feel that this [prison mutilation] is less a reflection of a personality pattern of turning anger inward than it is a reaction to confinement'. J.L. Claghorn and D.R. Beto 'Self-Mutilation in a Prison Mental Hospital' *Journal of Social Therapy* 13 (1967): 140
- 48. D.W. McKerracher, D.R.K. Street and L.J. Segal, 'A Comparison of the Behaviour Problems Presented by Male and Female Subnormal Offenders' *British Journal of Psychiatry* 112 (1966): 891–7; D.W. McKerracher, T. Loughnane and R.A. Watson 'Self-Mutilation in Female Psychopaths' *British Journal of Psychiatry* 114 (1968): 829–32
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- 50. McKerracher, Street and Segal, 'Comparison of Behaviour Problems': 896
- 51. Ibid.
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- 53. McKerracher, Loughnane and Watson 'Self-mutilation': 829
- 54. Ibid. 830
- 55. Ibid. 831
- 56. Ibid. 830-1
- 57. P.C. Matthews 'Epidemic Self-Injury in an Adolescent Unit' *International Journal of Social Psychiatry* 14 (1968): 131

- 58. G.A. Kelly, *The Psychology of Personal Constructs* 2 Vols, New York, Norton (1955)
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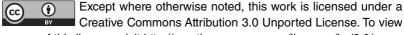
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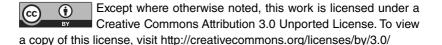
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